



Best practice I
Activities 2021- 22

Training programs for women, adolescent girls and children regarding Home Science activities

Every year Department of Home Science organize various training programs and activities for women adolescence girls and children. During this year home science department motivated college students for participation in Unnat Bharat Abhiyan online oral presentation competition on the theme entrepreneurship development. During the academic year 2021- 22 activity planned and implemented are given below-

Sr.No.	Name of the Activity	Date	No. of Beneficiaries
1	Covid-19 nutrition awareness lecture part 1 st and part 2 nd	2021-22	24
2	a) National nutrition week celebration on virtual participation	27/9/2021	52
	b) National nutrition month 7 day National workshop online platform	15 to 21 September 2021	56
	c) One week virtual lecture series on national nutrition week 27/9/2021 -1/10 /2021	27/9/2021 -1/10 /2021	58
3	Seed ball preparation project	25 th 8 2021	400
4	Green audit survey through Google form	26 to 30 August 2021	360
5	Unnat Bharat Abhiyan banners of entrepreneurship development and startup display on college wall	2021- 22.	360
6	Environment awareness board display on college walls for students and faculty Say no to plastic, Use Dustbin , Save Water, Save Earth, plant Trees	2021 – 22	400
7	Unnat Bharat Abhiyan awareness rail line village kanhegaon	24/3/2022	55
8	One day workshop on management of kitchen garden	25 /9 /2021	42
9	Vegetable seeds and millets seeds kit distribution among local women	25 th 9/ 2021	42
10	online participation in symposium on awareness about e-waste management	14/ 10/2021	52
11	Guest lecture on diet during pregnancy ,lactation and supplementary food for children at kanhegaon	24 March 2022	82
12	Guest lecture under MOU with MAVIM Resource person Neeta Ambhore.	16/04/2022	40
13	Guest lecture on code of conduct for students teachers and staff resource person Dr.Manjusha 18 4 2022	18/ 4/ 2022	48
14	Guest lecture on diet during adolescent stage resource person Dr	8/04/ 2022	36



	Varsha Zanvar		
15	Azadi ka Amrit Mahotsav seminar presentation online competition participation by 13 students theme entrepreneurship development and new startup	March 2022	110
16	The lecture on law awareness among women and girls resource person Advocate Sandhya Kale	27/8/2022	85

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Action taken report Best Practice – I

Academic year 2021- 22

Action planning	Action taken
<ul style="list-style-type: none"> • To create nutrition and health awareness among rural women adolescent girls children and youths • To plan environment awareness activities among school children and college youths. • To motivate rural youths for entrepreneurship development and new startup. • To create portion Bagh and millets awareness among rural women and farmers. • To plan and organise online gas lectures of renowned experts in various fields • To make aware women and girls about women right and laws. 	<p>I Objective</p> <ul style="list-style-type: none"> • Online platform was made available for people regarding diet during covid 19 prevention and precaution during the year 2021 22 resource person doctor Surekha Gaikwad part first and part second YouTube lecture. • National nutrition week was celebrated by participation in online virtual platform on 27th September 2021 • National nutrition month 7 days National workshop online platform was made available for college students during 15 to 21 September 2021 • One week virtual lecture series on national nutrition week was made available during 27 September to 1 October 2021 • This lecture on diet during pregnancy lactation and supplementary food for children was given by doctor Surekha Bhosle at Kanegaon on 24th March 2022. • Online Guest lecture on diet during adolescence stage was given by Dr Varsha Jhumar on 11 April 2022. • Principal and philosophy of happiest life online guest lecture was participated by student resource person doctor Anuradha Bhosale date 29 12 2021 • Healthy plant healthy human life online symposium was participated by students resource person dietitian Sulbha Goswami • Online lecture on diet is medicine was attended by students resource person home scientist Dr Manisha Kale during 2021 22 • World best feeding week online platform was made available to students during 1-7 August 2021. • World food day safe and balance diet for a healthy tomorrow online lecture made available for students on 16/10/2021 resource person dietitian Urjita Bhobe. <p>II objective</p> <ul style="list-style-type: none"> • Seed ball preparation project was given to children of Jilla Parishad school in



aherwadi on 25th August 2021

- Green audit survey was conducted for students and faculties of swatantra Sainik Surya bhanji Pawar College for awareness of green practices during 26 to 30 August 2021.
- Environment awareness board were displayed on College campus walls for awareness of students and faculties boards titled Say no to plastic ,Use Dustbin, Save Water, Save Earth and Plant Trees were displayed at the beginning of year 2021 - 22
- Online symposium participation platform was made available to students awareness about e-waste management.

III Objective

- Unnat Bharat Abhiyan banners of entrepreneurship development and startup was displayed on college wall during the academic year 2021- 22
- Unnat Bharat Abhiyan awareness raili ine village kalegaon was conducted for Village development through various UBI activities on 24th March 2022

IV Objective

- One day workshop on management of kitchen garden was conducted by Department of Home Science on 25th September 2021
- Vegetable seed kit and millets five types seed kit distribution among local women activity was conducted on 25th September 2021.Aim was conservation of seeds and continuation of activity.
- Azadi ka Amrit mahotsav online seminar presentation competition organised by UBA regional office Amravati was participated by 13 students in this college following students presented seminar on the theme andreneurship development and new startup team supervisor Prof Dr Surekha Bhosle.
- 1) mushroom cultivation project Shital Gajanand Abhishek BAFY
- 2) economic empowerment of rural adolescent goals and women through soft toy making project Prapti Ingole BATY.
- 3) economic empowerment of rural adolescent girls and women through paper bag making project Neelima Subhash Swami B.A.F.Y.



- 4) small scale industry for providing rural traditional food project Pratiksha Digambar Nadaskar BAFY
 - 5) sericulture small scale industry Shubham shesherao Ahire BATY
 - 6) fishery culture project at farm Omkar Dnyaneshwar kadam BATY
 - 7) spices small scale industry Bhavna Bhimrao jondhale BATY
 - 8) Goat farming project Sushil chandrabhan Rajbhoj BATY.
 - 9) Hand embroidery boutique project Preeti Santosh Gauli BASY.
 - 10) cloth bag making project Ashwini Dhone BASY
 - 11) economic empowerment of rural women through textile printing bandhani project vaishnavi Waghmare BATY
 - 12) economic empowerment of rural women through natural holy colours project Bhagyashree Devrao Pachkor BATY
 - 13) compost making project at farm Poornima Jogdand BAFY
 - YouTube case study was made available for students on educational WhatsApp group. Theme: self help group entrepreneur Kamal jagtap 2021- 22
 - E conference platform for students theme current issues challenges and opportunities in home science resource person professor Surekha Gaikwad did 27/7 /2021.
 - Online platform Pratibha baby nar series participated by students theme: preparation of civil services examination on 25th February 2022.
 - Career katta offline program organised by our college for all round development of youths on 28th April 2022.
- V objective**
- Online guest lecture under MOU with MAVIM Mahila arthik Vikas mahamandal was organised on 16th April 2022 resource person Mrs Nita Ambhore.
 - Online guest lecture on code of conduct for students teachers and staff was organised on 18th April 2022 resource person Dr manjusha farmer member state women's commission.

VI objective



- Offline guest lecture on law awareness among women and girls was organised on 27th August 2022 resource person advocate civil prosecutor Sandhya Kale, Mumbai.
- Online platform for students was made available on the theme women right loss and policies on 13 August 2021.
- 7 days virtual lecture series was made available for students theme self elitement of women and girls 7 to 13 October 2021.
- Law awareness among women and girls online lecture watch attended by students on 27th August 2022.

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Best practice II

Activities 2021 – 22

Child Guidance and Nutrition Counselling Centre was established in February 2017 in the department of Home Science. From its establishment various activities were run through this centre. In the academic year 2021- 22, following activities were taken by the home science department


Sr. No.	Name of the Activity	Date	No. of Benefisharies
1	BMI calculation	August 2021- May 2022	80
2	Diet counselling	August 2021- May 2022	42
3	Therapeutic diet counselling	August 2021- May 2022	105
4	Counselling to pregnant women	August 2021- May 2022	24
5	Counselling to lactating women	August 2021- May 2022	28
6	Diet counselling to middle age women	August 2021- May 2022	16
7	Diet counselling to old age women	August 2021- May 2022	21
8	Assessment of nutritional status of preschool children	August 2021- May 2022	62
9	Assessment of intelligence Quotient IQ of preschool and school children.	August 2021- May 2022	62

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Best practice II
Activities 2021 – 22

Action plan	Action taken
<ul style="list-style-type: none"> To give diet counselling to people in community, college students during the academic year 2021- 22 To give guidance and counselling about scientific care and hygienic practices about prevention of viral infections. To give nutrition counselling to all age group individuals. To give therapeutic diet counselling To assess nutritional status of children through anthropometry and compared with growth standard. To assess intelligence Quotient IQ of children by applying age suitable IQ test To calculate BMI of students and individuals who are visiting CGNC centre. 	<ul style="list-style-type: none"> BMI body mass index of 80 individuals was calculated by using body weight and height and formula of BMI calculation $BMI = \text{weight in kg} / \text{Height in meter square}$. Diet counselling to 42 individuals in community was given during the academic year 2021 -22 Covid-19 diet precaution care and remedies YouTube lecture part first and part second was made available for all by providing link. Nutrition counselling to various age groups was provided through CGNC SSSPC during academic year 2021 22 among which- Therapeutic diet counselling was given to 105 individuals 24 pregnant women were given diet counselling and care during pregnancy. 28 lactating mothers were given diet counselling and care during lactation period and supplementary food for children. 16 middle age women wear given diet care during middle age period. 21 old age women wear given diet counselling during old age period resource persons Dr Surekha Bhosle Assistant professor Vaishali Lone Nutritional assessment of 62 preschool children was carried out through high tide and weight during June 2021- 22. Assessment of intelligence Quotient IQ of 62 preschool children was carried out by performing age suitable IQ tests. Resource person Dr Surekha Bhosle ,Asst. Prof. Vaishali Lone.


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